



# Subtil

by Cecile Ellert, Ph.D.

## The Academy for the Next Generation of Aromatherapists

Your brain holds the power.

Your essential oils are your tools.

Leave your mark in the world of remote therapy

Are you part of the  
next generation of  
remote therapists?

Build complete  
confidence in yourself  
to professionally  
practice this innovative  
approach to quantum  
aromatherapy

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Adapt to the ever-evolving expectations of alternative therapy consumers with highly effective, reliable, and fast methods that are also incredibly easy to use

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Today, there is a demand for speed, reliability, and flexibility from innovative therapeutic approaches. Subtil delivers proven expertise in the field of energetic aromatherapy. It combines quantum investigation and correction tools with the energetic use of essential oils, transcending the limitations of space and time.



This allows unlimited access to all the energetic layers that form a living being, effortlessly and in just seconds.

It embodies the fusion of Eastern wisdom rooted in Taoism, quantum physics, and the vibrational power of essential oils.

This therapeutic blend is entirely holistic, easy to experience, use, and evolve according to each individual's creative abilities and therapeutic needs. It is the foundation of your unique expression as a therapist, empowered by the infinite potential of quantum energy.

We are entering an era perfectly aligned with the need for approaches that simplify life, promote healing, and enhance energetic harmony and alignment.

This new era calls for a forward-thinking generation of therapists, equipped to meet the numerous challenges faced by a population disillusioned with a medical system that has reached its limits.

Subtile offers sustainable solutions to these challenges.

## A need for sustainable solutions when facing a struggling medical landscape

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According to the WHO, 80% of the global population uses plants for healing. This practice is especially widespread in developing countries, where it is often the only available treatment. In 2011, 70% of Europeans had already used alternative therapies, with 25% relying on them annually. In the United States, this percentage is estimated at 38%, and in Australia, at 52%.



The WHO's 2014-2023 strategic plan emphasizes the importance of recognizing Complementary and Alternative Medicines (CAM) within healthcare systems. In 2016, 43% of chemotherapy patients were using them to reduce side effects, improve overall well-being, boost the immune system, or even treat cancer.

78.4%

A 2019 study revealed that patients suffering from chronic pain turn to Complementary and Alternative Medicines (CAM).

92%

Of them would recommend them to their loved ones

62%

of Americans had used CAM in the past year

However, CAM users do not always inform their doctors, and physicians often underestimate how frequently their patients engage in these practices

The impressive and positive results from therapists using Subtil are often kept confidential, as it can be difficult to understand without firsthand experience.

Subtil helps prevent over-medicalization and diagnostic errors.

It allows therapists to quickly identify the true causes of patients' imbalances without the need for machinery (and at a very low cost), enabling timely and risk-free solutions.

Subtil is a sustainable and eco-friendly approach, not only due to its methodology but also because it can be practiced entirely remotely, eliminating the need for transportation and saving time lost on travel.

By merging spirituality, science, chemistry, and human physiology into an energetic approach, with a strong foundation in traditional Chinese medicine, an unknown capacity to embrace healing and, above all, trust in life begins to emerge.

The fear of illness fades, giving way to the appearance of unexpected and welcome synchronicities.

In just a few minutes, by identifying the individual's energetic weaknesses and understanding the messages from the corresponding essential oils, you adopt a surprising yet reliable and effective therapeutic alternative. The more you practice, the more you unlock your quantum abilities, refine your subtle therapeutic skills, and establish yourself as a pioneer in remote therapy.

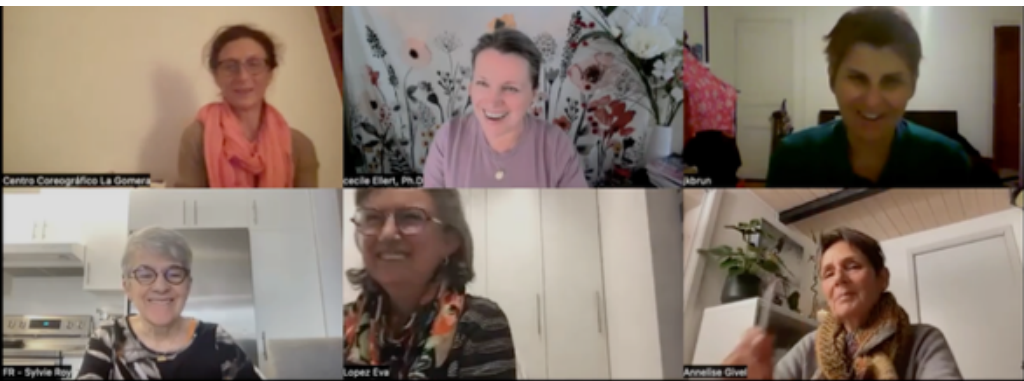
This is the ideal strategy to combat over-medicalization and reduce the associated toxicity.



# A year of remote learning. The sustainability of an anti-toxicity approach begins with the education itself

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The year-long Subtil course is transformative. Its purpose is to empower you to work on the energetic bodies, where disharmonies originate, to free yourself from limiting beliefs and inherited perceptions, and to master the manipulation of essential oil frequencies at will—whether to relieve pain, generate alpha waves, or stimulate cellular regeneration.



## About the training: The innovative tools you'll learn. What you will gain from this experience.

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The strategy: Unlock the power of your brain and use it with confidence. Harness the frequencies of essential oils to create shortcuts in your protocols and enhance performance. Amplify everything you've achieved therapeutically so far. Gain unique therapeutic skills. Achieve extraordinary results. Develop empowering autonomy in managing health.

### The Subtil tools

- One pendulum
- Two card decks
- For enthusiasts: 100 hours of coaching, 34 lessons
- For professionals: 200 hours of coaching, 67 lessons



## Brain Power:

Effortlessly increase the frequencies of essential oils.

Induce alpha waves in anyone, from anywhere.

Instantly align anyone's vibrations with the Earth's frequencies.

Eliminate psychic attacks on any living being remotely.

Change the chemical profile of any essential oil remotely.

Make someone experience the scent and effects of an essential oil, from a distance.

Administer an aromatic treatment to anyone, anytime (including animals and babies), remotely.

## Create more efficient shortcuts:

The tools used can identify, within seconds, the essential oils that perfectly match our energetic needs (or anyone else's, anytime).

This removes the need for lengthy investigations, interpretations, and deductions that may be influenced by perception and subconscious bias. The identification becomes more accurate than what reason alone can provide, leading to extraordinary, unique, and nearly instant results.

## Acquire unique therapeutic skills that stand apart from all others:

Subtle is a modality that allows you to quickly address all levels—from the soul to the nervous system—balancing Qi, aligning chakras, regulating hormone production, promoting cellular regeneration, enhancing telomere growth, preserving DNA integrity, and delivering antimicrobial, regenerative, antidepressant, and anti-inflammatory effects.

All of this in one holistic, nearly instant approach, whether practiced remotely or in person, simple and cost-effective.

# Key Takeaways

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The primary goal of this year-long training is to provide unique and rarely matched skills to both current and future therapists, while also empowering individuals to develop liberating autonomy in managing their own health, offering a reliable way to assert their independence

1. Why consult a healthcare professional when you have access to such powerful tools for energetic investigation and correction?
2. With these methods, maintaining psycho-neuro-endocrino-immunological harmony becomes effortless.
3. Consultations are reduced to what is truly necessary, such as accessing confirmation tests or products available only in hospitals.
4. The demand for medication is significantly reduced, if not eliminated altogether.
5. The development of serious, chronic, and degenerative diseases is greatly minimized or even nonexistent.
6. A therapist incorporating this approach into their practice can fully understand their client's needs before even meeting them, without asking questions or spending hours analyzing the situation.
7. This therapist has numerous ways to treat their clients without risk of error or harm.
8. A therapist using this approach can work entirely remotely, without leaving home.
9. Healthcare professionals can use this method for self-care, protecting themselves from the effects of stress effortlessly, ensuring they maintain their enjoyment and efficiency at work.

# Ideal profile

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Paramedical professionals, caregivers, nursing assistants, and nurses working in hospital settings can benefit from an immediate reduction in stress, improved sleep quality, enhanced concentration and alertness, strengthened immune function, and a lower risk of burnout through better emotional management and overall well-being. This approach also helps reduce the need for medication and the associated toxicity.

Professionally, a quantum investigation method offers healthcare professionals a more complete view of their patients by integrating energetic and emotional dimensions into the evaluation of physical symptoms. This helps offset the time constraints imposed by the current system and alleviates the frustration of not having the means for in-depth personal investigation.

Doctors, dentists, psychologists, dermatologists, endocrinologists, and obstetricians can benefit from an instant quantum investigation method, both personally and professionally, to enhance overall well-being, detect energetic imbalances long before they manifest physically, and boost self-healing and immunity in high-stress environments. This approach optimizes daily energy levels without relying on typical stimulants.

Reducing stress and burnout among caregivers is one of the key benefits of this method, which helps healthcare professionals better manage their own stress, avoid burnout, and stay aligned with their passion for caring. This approach enhances their ability to care for others while also taking care of themselves.

Alternative therapy practitioners, whether or not they use essential oils, benefit from deepening their energetic diagnoses, allowing them to detect subtle imbalances that conventional analysis methods may miss. This helps refine therapeutic strategies.

They also gain a new way to personalize treatments, perfectly complementing clinical or holistic aromatherapy and other alternative methods.

Subtil expands the therapeutic offerings, scope of action, and perceived value of consultations. Quantum tools, often seen as modern and innovative, can enhance the practitioner's credibility with clients by bringing a scientific and measurable dimension to alternative therapies, boosting confidence in the results.

An alternative therapy practitioner will also benefit from this method by increasing synchronicity, eliminating doubts about their abilities and outcomes, and freeing themselves from personal blocks, including the common "impostor syndrome" and unconscious self-sabotage patterns that may affect their practice and relationships with clients. A quantum approach offers faster and more lasting results for clients, promoting recommendations and loyalty.

# Register for the enrollment process

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Two months for experienced therapists and aspiring therapists seeking professional certification in AromaSoulTherapy-Subtil.

67 written lessons, 24 live coaching sessions online, available for replay.

A coaching session every two weeks to learn how to use the tools and address course questions.

We focus on both the therapeutic and technical aspects.

There's a stronger emphasis on Traditional Chinese Medicine and physiology, building on the foundation from the first six months.

We put into practice the interconnections of the AromaSoulTherapy method: more love, less fear.

We emphasize solving practical cases blindfolded, using your own cases for hands-on experience.

We ensure that all techniques become second nature to you, allowing them to be used professionally.

From the start, students learn online visibility principles tailored for therapists to help them launch their practice by the end of the training year.

Twelve months for enthusiasts looking to apply healing techniques for themselves and their families.

34 written lessons. 12 live online coaching sessions, available for replay.

One coaching session per month.

Unlimited access to all course materials.

Students provide their own practical case studies (addressing their physical, emotional, and subconscious blocks, fears, limitations, pains, and the need for harmony in their lives).

There is a strong focus on group work, energetic corrections, explanations, and hands-on practice.

The result: a new high-frequency energetic state and its regenerative impact on the body and emotional well-being.

More joy, less fear, greater autonomy, and fewer illnesses.



# What Subtil students have to say

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"I'm transformed, adding new skills to my toolkit. I now have personal projects that are evolving into professional ones. It's within this context that I decided to embark on this journey, carefully blending holistic and energetic aromatherapy at every step. A vibrational practice at the crossroads of both worlds."

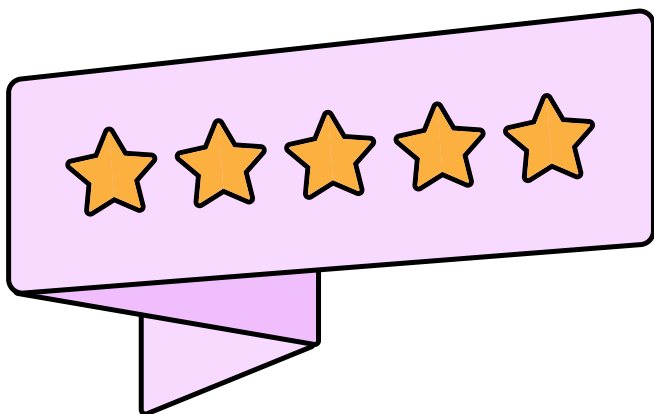
- Marie, Holistic Therapist

"No words can express the depth of my gratitude for this training! I feel like an excited puppy in this incredible, unknown universe, and yet I feel completely at home in it."

- Marie Laure, Physiotherapist

"The unique method created and taught by Cécile allows us to address the root of our issues, often hidden in the unconscious, where the most resistant blocks reside—whether from the past, suppressed, or even inherited from our ancestors. AromaPro Subtile gives essential oils the power to access this unknown realm, helping us transmute what needs to be transformed and restore well-being, whether physical, emotional, or mental. Science is still in its infancy when it comes to quantum healing, but the results speak for themselves. Both professionally and personally, I've used this method on adults (including myself!), children, and even animals, and I'm amazed by the results."

- Françoise, Energy Therapist



**"This training/transformation/rebirth has truly allowed me to evolve at lightning speed. What's surprising is that I've only started to feel it in my life over the past few weeks."**

**- Marie Pierre, Energy Practitioner**

**"I've learned to trust myself, take care of myself, and, incredibly... to love myself."**

**- Odile, Holistic Practitioner**

**"Today, even in difficult moments, I can stay positive and calm by identifying the oils that will support me, and I see reality in a completely different way. Subtile has changed my life."**

**- Christine, Nurse**

**"For several years, I worked on myself with essential oils and meditation... But this is a whole new level! I know I'm in the right place."**

**- Christine, Nursing Assistant**

# Subtil founder and teacher

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Dr. Cécile Ellert, Ph.D.  
Certified NAHA Holistic Aromatherapist  
Doctor of Quantum Healing  
Author, Speaker, Therapist  
Founder of AromaPro Subtile  
Founder of the AromaSoulTherapy  
Method

Cécile Ellert is a renowned holistic aromatherapist, author, and educator, currently serving as the International Director for NAHA in France. Her outstanding contributions to overcoming cultural barriers and fostering Franco-English collaboration in the field of aromatherapy.

Deeply committed to research and education, Dr. Ellert recently earned her Ph.D. in Quantum Healing Therapy and Quantum Aromatherapy from Bircham International University in Madrid. Cécile is the founder of AromaPro, online school of holistic aromatherapy, recognized as the only French-speaking institution of its kind. Her teachings combine the therapeutic potential of essential oils with the principles of Traditional Chinese Medicine, offering knowledge accessible to both professionals and non-professionals.

Dr. Ellert's expertise lies in understanding and addressing energetic imbalances that contribute to chronic health issues, digestive problems, and emotional distress.

As a highly regarded figure in the French-speaking blogosphere, Cécile is widely recognized as an authority in holistic aromatherapy. Her influence spans across Europe, where she is sought after as an author and speaker. Her exceptional insights and practical wisdom have been captured in six books, now published as a collection by Amyris Editions. Among her notable works is the internationally renowned bestseller, *L'Équilibre Anti-Candida*, which has been translated into English as *Your Aromatic Anti-Candida Program*.

Dr. Ellert's global journey of learning and growth took her to Hong Kong, where she lived for a decade. During her time there, she graduated from the Asia-Pacific Aromatherapy School in 2005 and earned a master's degree in counseling psychology. Additionally, she explored the applications of quantum physics in anatomy through her studies of Dr. Kam Yuen's Yuen Method and Jessica Taylor's Millennium Method.

Now based in the United States, Dr. Ellert offers online therapeutic coaching and workshops in both French and English, catering to women of all ages. Through her engaging lectures, she aims to educate and guide women in preventing and healing common imbalances using holistic approaches with essential oils. In addition to her impressive work, Dr. Ellert has recently completed her latest book, *Breathe, Love, Heal*. This remarkable publication reveals her method of remote aromatherapy, providing readers with a spontaneous and practical guide to energetic healing using quantum aromatherapy.

With her unwavering dedication to the field of aromatherapy, Dr. Cécile Ellert continues to inspire and empower individuals worldwide, blending diverse perspectives and promoting the holistic potential of essential oils.

Currently a student at the Massachusetts Institute of Technology, she is committed to researching sustainable solutions that leverage essential oils to support the lives and work of those dedicated to helping the sick and elderly.

# The course outline

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## **Core Curriculum for Both Enthusiasts and Professionals**

- Course on the use of the pendulum tailored to this teaching
- Quantum partners

### **Part 1: The Visible and Tangible**

- Illness and healing
- The level of cellular organization
- The skin, the largest organ of the human body
- Elimination and homeostasis
- Introduction to the digestive system
- Introduction to the enteric nervous system
- Liver and intestines: the intricacies of digestion
- Introduction to the musculoskeletal system
- Introduction to the cardiovascular system
- Introduction to the lymphatic system
- Immunity
- Introduction to the respiratory system
- Introduction to the reproductive system

### **Energetic Vibrations, Essential Oils, and Healing**

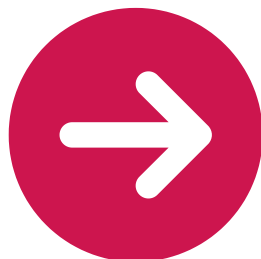
1. The connection between the physical and the invisible

## **Part 2: The Invisible**

- **Signs of illness, alignment, and misalignment**
- **Energy levels and life force**
- **Interactions between essential minerals and toxic metals**
- **Qi deficiency**
- **Emotions and back pain**
- **Your energetic protection**
- **A few words on Candida and its energy**

## **Part 3: Practice is Irreplaceable**

- **Energetic corrections**
- **Energetic imbalance cards**
- **How to "correct": The power of visualization**
- **Practice with specific protocols**
- **Your mission exists, recognize it**
- **Identifying therapeutic gaps**
- **Essential oils on cards**
- **How it works, practically**
- **The placebo effect: Why it's important and powerful**
- **Candidiasis and anti-fungal essential oils**



# For Professionals only

## Part 4: Level 2 – Your Role as a Therapist

- Introduction to topics
- The AromaSoulTherapy method
- The heart and kidneys from the perspective of Traditional Chinese Medicine (TCM)
- Dopamine and serotonin
- Balancing women's hormones
- Self-regulating our biology
- We are the regulatory technology
- Understanding the true role of consciousness in our perception of events
- Bliss or ecstasy
- Waves
- Definition of metabolism
- Digestive enzymes
- Impact on metabolic reserves
- The influence of heart energy on all aspects of life
- Origins of anxiety according to TCM
- Vital strategies against cancer
- Depression
- Sexual trauma
- Lyme disease
- Fibromyalgia
- Subtile and pregnancy
- Psoriasis
- Autoimmunity
- Preparation before seeing a client
- The EFT forgiveness session
- Excerpts from integrative medicine conferences: Adrenals
- Excerpts from integrative medicine conferences: Thyroid
- Detoxification and withdrawal: The differences

## Part 5: Your Therapeutic Practice

- Conclusion

After these 12 months... Certification



# The certificate

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All participants who have actively engaged throughout the year and submitted a satisfactory certification assignment demonstrating mastery of the method will receive an AromaSoulTherapy-Subtile completion certificate.

This certificate will include the recognition of continuing education hours accredited by NAHA.



# Subtil's rates

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Subtile offers you a comprehensive training program, available indefinitely, along with one year of group coaching with Dr. Cécile Ellert.

## Subtil Silver

\$ 5 497

## Subtil Gold (certifying)

\$ 7 377 €

Payment plans are available

# Enrollment

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If you wish to enroll, please make an appointment with Cécile Ellert at the following address:

[Cellert@mac.com](mailto:Cellert@mac.com)

This interview's goal is to make sure Subtil is for you and the you'll feel at home with all the students.

# Enrollment

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What you receive with each option:

- One year of group coaching with Dr. Cécile Ellert
- Access to the AromaPro Subtile platform, where all your courses and content are available
- Replays of coaching sessions available for one year
- During your first coaching session, your group will decide on the most convenient days and times for the meetings
- Access to the courses for as long as the program exists

Once you complete your registration, you will receive a confirmation email with the date and link for your first coaching session, along with an invitation to create your access account on the platform.

Welcome to the future of  
aromatherapy and **the  
expression of tomorrow's  
therapeutic expertise.**

Hundreds of participants from  
Europe, the United States, and  
China.

**92% of Subtil students** have  
transformed their lives or  
professional practices for the  
better.

